

SOCIETY CAUSES ILLNESS		
Characteristics	Consequences	People feel
Competition and greed – money is power	Demands grow unlimitedly, speculation, inequality	Insecurity, fear, egoism, envy, anger, stress
Representative democracy	Delegation of social power to few	Alienation, insecurity, betrayal, passivity
Conflict between employer and employee	Work submitted to money, exploration, inequality, revolt	Alienation, insecurity, humiliation, hatred
Unlimited growth of production and consumption	Degradation of nature and human life	Contradiction, anxiety, fear, hopelessness

WHY IT IS SO DIFFICULT TO APPLY EQUALITY AND SOLIDARITY IN PRACTICE?	
OUR SOCIAL STRUCTURE <ul style="list-style-type: none"> • Competition • Own success, egoism • Money oriented, superficial • Focus on goals, alienation from feelings • Lack of meaning of life 	SOLIDARISTIC STRUCTURE <ul style="list-style-type: none"> • Equality • Togetherness • Human and nature oriented • Focus on realization, respect for feelings • Meaning of life

TRANSFORMATION TO SOLIDARITY: value human being, togetherness and nature
<ul style="list-style-type: none"> • Do not give power to problems. Do not fight against evil, act for the good. Only good can cure evil. • Focus on contact – not control. Everybody wants and has the right to be respected in her/his feelings. Respect feelings. • Reinforce human richness in everybody. Do not criticize. Reinforcing sanity can cure to illness. • Introduce direct democracy in all fields of society for equality and common responsibility. • Meet your own stress – respect yourself.
